

HOLMES STUDIO OF DANCE, MUSIC & WELLNESS

FITNESS SCHEDULE – September 2010

Sunday	Monday Evening	Tuesday Evening	Wednesday Evening 1 <i>OPEN HOUSE & REGISTRATION</i> 5-8 pm	Thursday Evening 2	Friday 3	Saturday Morning 4
5	6 ZUMBA 6-7	7 ZUMBA 7-8	8 YOGA 6-7:15	9 ZUMBA POWER & TONE 7-8	10	11 YOGA 9-10:15 ZUMBA 10:30 – 11:30
12	13 ZUMBA 6-7	14 ZUMBA 7-8	15 YOGA 6-7:15	16 ZUMBA POWER & TONE 7-8	17	18 YOGA 9-10:15 ZUMBA 10:30 – 11:30
19	20 ZUMBA 6-7	21 ZUMBA 7-8	22	23 ZUMBA POWER & TONE 7-8	24	25 YOGA 9-10:15 ZUMBA 10:30 – 11:30
26	27	28 ZUMBA 7-8	29 YOGA 6-7:15	30 ZUMBA POWER & TONE 7-8	1	2 YOGA 9-10:15 ZUMBA 10:30 – 11:30

FITNESS:
\$10 per class

YOGA:
\$14 per class

Check out www.holmesdance.com
9/01/10

FITNESS CLASS CARD:
5 class = \$40 (valid 4 weeks)
10 class = \$75 (valid 8 weeks)

YOGA CLASS CARD:
6 class = \$72 (valid 8 weeks)

Unlimited Attendance Cards ~ Inquire within!